



1894 - 2022

PRESIDENT – ALISON LEWIS

54th Annual 25 Miles Time Trial – Sunday 23rd October 2022
Course G25/49

Event Secretary: Robin Johnson 7 Gorselands, Billingshurst, West Sussex, RH14 9TT.

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Promoted for and on behalf of **Cycling Time Trials** under its rules and regulations

HQ

Loxwood Sports Association Pavilion

Plaistow Road,
Loxwood,
West Sussex,
RH14 0SX.

Open from 0900.

Plenty of free parking is available.

Thank you in advance for not wearing cycling shoes or cleats in the hall.

Numbers at HQ only, where please sign-on. After the event, please return your number and sign-out at the event HQ.

HQ to start: 1.99 miles

Finish to HQ: 0.64 miles

Route to start: Left out of the car park to first T-junction where left, Foxbridge Lane, to the start.

Please note the following CTT regulations and recommendations

Helmets: CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

Competitors' Machines: It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

Competitors' Vehicles: No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish (District regulation).

Safety Instructions: Details of any additional hazards not listed on the start sheet will be displayed at the signing on point.

Warming Up: Competitors are requested not to warm up on the course after the event has started.

Observers: Official observers will be stationed around the course to ensure correct procedure (e.g. drafting and safety at roundabouts).

Results: No times will be given out at the finish line.

Race Numbers: The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers.

Body numbers should be fitted in accordance with Regulation 16 and Arm Numbers should be fitted to the upper arm with the number facing forwards (not inwards).

Be aware that "No time may be recorded if the number is incorrectly positioned".



Roundabouts: Competitors must exercise extra care at all roundabouts.

Start/Finish Areas: Competitors must exercise extra care at the start and **ABSOLUTELY NO U-TURNS** in the vicinity of either start or finish.

TIMEKEEPERS

Su Balcombe, (Brighton Excelsior CC)
Paul Tunnell, (Addiscombe CC)

Start
Finish

EVENT RECORD

CHRIS McNAMARA 49:59 2020

COURSE RECORDS

MEN	Rupert Graham	52:54	2019
WOMEN	Sally Turner	1:02:15	2020
JUNIORS	Matthew Houlberg	58:05	2020
VETERANS	Chris McNamara	53:26	2020
ROAD BIKE	Paul Burton	55:43	2020
TANDEMS	Adam Rogers + Anita Turner	1:07:34	2021

SPONSORS:

As usual, our very grateful thanks to all sponsors for their generosity in giving us a prize list of £1,134.

Please reciprocate by buying their products.

ULTIMATE SPORTS EQUIPMENT LTD. (U.S.E. Ltd.) for transforming the club's £250 into EXPOSURE lights, etc.
value £832.

KONTOUR CYCLES, Eastbourne for goods, value £42.

SUPPORT THOSE WHO SUPPORT OUR SPORT

PRIZES :

Awarded to all starters: Free drink and free food provided , but do make a donation, please.....

CATEGORY	PRIZES	VALUE
T.T. BIKES' "25":		
FIRST MAN:		
	U.S.E. EXPOSURE LINK/LINK+ lights + a bottle of wine,	£155 + £30
2nd Man:	U.S.E. EXPOSURE gilet + a bottle of wine,	£65 + £20
3rd Man:	U.S.E. Summit carbon road bars + a bottle of wine,	£55 + £15
4th Man:	A bottle of wine,	£5
FIRST WOMAN:		
	U.S.E. EXPOSURE LINK/LINK+ lights + a bottle of wine,	£155 + £30
2nd Woman:	U.S.E. EXPOSURE gilet + a bottle of wine,	£65 + £20
3rd Woman:	U.S.E. summit carbon road bars + a bottle of wine,	£55 + £15

ROAD BIKES' "25":

FIRST MAN:	U.S.E. EXPOSURE TRACE/TRACER lights, + a bottle of wine,	£90 + £30
2 nd Man:	U.S.E. EXPOSURE jersey + a bottle of wine,	£55 + £20
3 rd Man:	KONTOUR CYCLES' High 5 set + a bottle of wine,	£46 + £15
4 th Man:	A bottle of wine,	£5
FIRST WOMAN:	U.S.E. EXPOSURE TRACE/TRACER lights, + a bottle of wine,	£90 + £30
2 nd Woman:	U.S.E. EXPOSURE jersey + a bottle of wine,	£55 + £20
3 rd Woman:	KONTOUR CYCLES' carbon bottle cage + feeding bottle + a bottle of wine,	£46 + £15
4 th Woman:	A bottle of wine,	£5
OVERALL, both events count:		
FIRST TEAM:	U.S.E. bottle + a bottle of wine,	£12 each rider
2nd team:	U.S.E. bottle,	£7 each rider

PRIZES : TANDEM "25"

No entries this year.

PRIZE PRESENTATION to be held as soon as possible after events.

Please stay to receive your awards/applaud the recipients.

LOTTERY of 3 bottles of wine, each value £5, to be made. To be eligible, be present and be a finisher.

T.T. BIKES' "25":

No.	start_time	first name	last name	club	gender	category	age_on_day
1	10:01:00	Robin	Johnson	Brighton Mitre CC	Male	Veteran	74
2	10:02:00	Chris	Summers	Sotonia CC	Male	Veteran	70
3	10:03:00	Peter	Horsfield	Redmon CC	Male	Veteran	72
4	10:04:00	Samuel	Allport	VTTA (Surrey/ Sussex)	Male	Veteran	54
5	10:05:00	Tracey	Williams	Brighton Mitre CC	Female	Veteran	54
6	10:06:00	Anita	Turner	Eastbourne Rovers CC	Female	Veteran	52
7	10:07:00	Vikki	Wallace	Clapham Chasers	Female	Senior	27
8	10:08:00	Richard	Keevil	GS Stella	Male	Veteran	54
9	10:09:00	Luc	Berthouze	Mid Sussex Triathlon Club	Male	Veteran	51
10	10:10:00	Mark	Jones	GS Stella	Male	Veteran	62
11	10:11:00	Mike	Boyce	...a3crg	Male	Veteran	66
12	10:12:00	Mark	Vowells (Tricycle)	San Fairy Ann CC	Male	Veteran	69
13	10:13:00	Tony	Reeves	GS Stella	Male	Veteran	51
14	10:14:00	Peter	Madarasz	Team TMC	Male	Veteran	41
15	10:15:00	Paul	Tippett	Crawley Wheelers	Male	Veteran	48
16	10:16:00	Adam	Rogers	Eastbourne Rovers CC	Male	Veteran	47
17	10:17:00	Christian	Yates	East Grinstead CC	Male	Veteran	59
18	10:18:00	Paul	Martin	NAUT Cycling	Male	Veteran	51
19	10:19:00	David	French	Weybridge Wheelers	Male	Veteran	49
20	10:20:00	Paul	Thatcher	Brighton Mitre CC	Male	Veteran	59
21	10:21:00	Richard	Gifford	trainSharp	Male	Veteran	59
22	10:22:00	David	Shepherd	...a3crg	Male	Veteran	61
23	10:23:00	David	Clark	Eastbourne Rovers CC	Male	Veteran	53
24	10:24:00	Colin	McDermott	Festival Road Club	Male	Veteran	55
25	10:25:00	Pat	Wright	Paceline RT	Male	Senior	38
26	10:26:00	Christopher	McNamara	Nuun-Sigma Sport-London RT	Male	Veteran	47
27	10:27:00	Cris	Coxon	Brighton Mitre CC	Male	Veteran	45

ROAD BIKES' "25":

number	start_time	first name	last name	club	gender	category	age_on_day
28	10:28:00	Frances	Stedman	Anerley BC	Female	Veteran	57
29	10:29:00	Tom	Brewerton	Crawley Wheelers	Male	Senior	36
30	10:30:00	Robert	Gilmour	Hounslow & District Whs	Male	Veteran	71
31	10:31:00	Michael	Zielinski	Clapham Chasers	Male	Senior	32
32	10:32:00	Michelle	Lock	GS Stella	Female	Veteran	58
33	10:33:00	Kev	Witton	Sussex Revolution Velo Club	Male	Veteran	45
34	10:34:00	Helen	Oldridge	Fareham Wheelers CC	Female	Senior	37
35	10:35:00	Alex	Carley	Harworth and District Cycling Club	Male	Senior	30
36	10:36:00	Malcolm	Cox	Velo Club St Raphael	Male	Veteran	55
37	10:37:00	Michael	Renardson	trainSharp	Male	Espoir	21
38	10:38:00	Hilary	Briggs	Serpentine Running Club	Female	Veteran	60
39	10:39:00	Paul	Barnard	Precise Performance RT	Male	Senior	37
40	10:40:00	Alexander	Speirs	Harworth and District Cycling Club	Male	Senior	25
41	10:41:00	Robert	Lovett	Team TMC	Male	Senior	36
42	10:42:00	Peter	Main	34 Nomads CC	Male	Veteran	57
43	10:43:00	James	Bullen	trainSharp Development Team	Male	Senior	33
44	10:44:00	Dave	Dent	GS Stella	Male	Veteran	59
45	10:45:00	Adrian	Blacker	VTTA (Surrey/ Sussex)	Male	Veteran	58
46	10:46:00	Stuart	Bettis	HuntBikeWheels.com	Male	Senior	38

Grateful thanks to all entrants; entries up 10 on last year.

TANDEM "25":

				No entries this year.			
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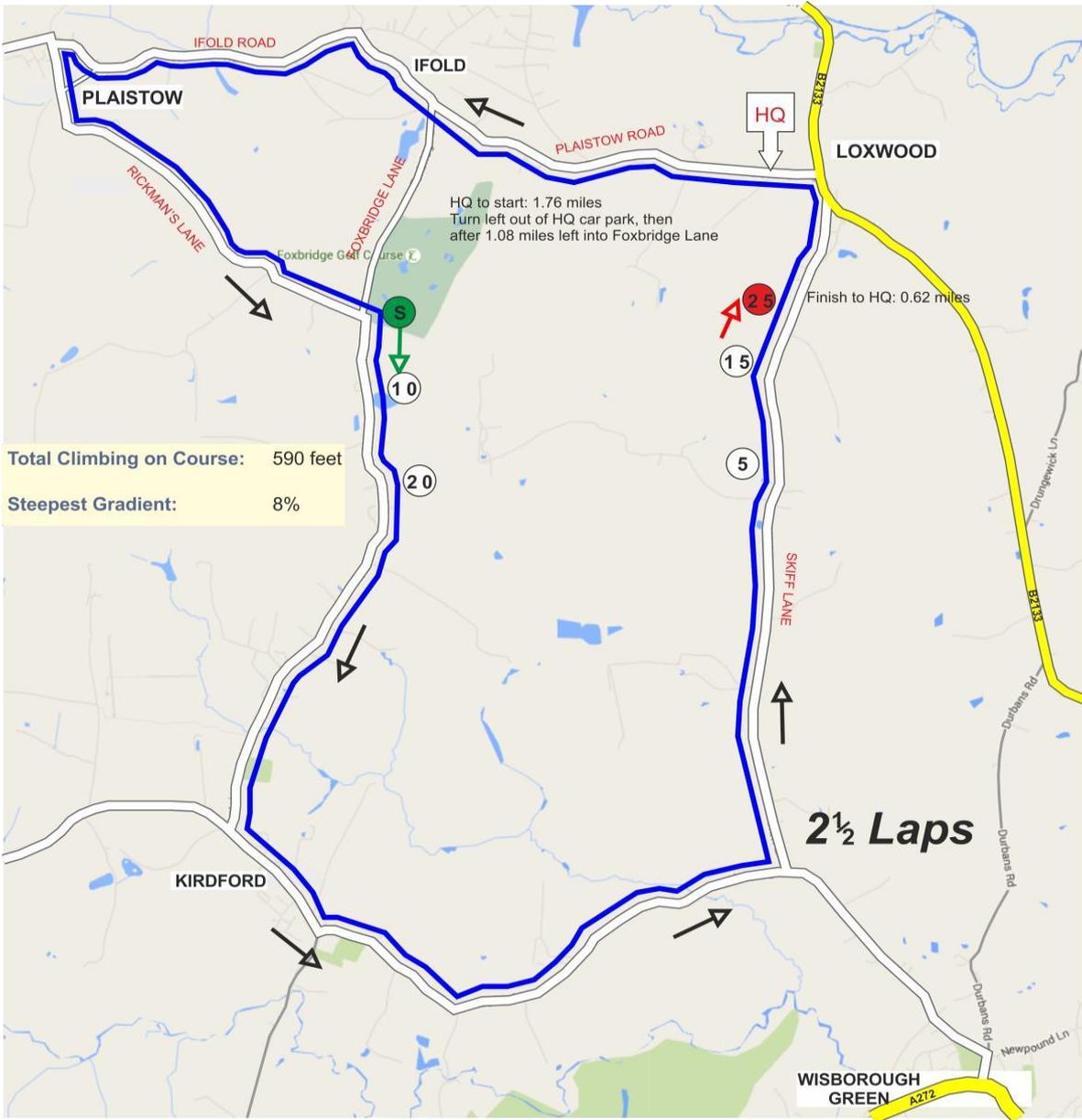
CTT Regulations require the use of a helmet that meets internationally accepted safety standards for all competitors.

CTT Regulations now require that no competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, and to the front of their machine, a working front white light, either flashing or constant, that are illuminated and positioned to be clearly visible to other road users.

London South DC strongly recommend that riders do not wear black or dark clothing during any event held on the public road.

Under 18 years old riders: Bring a completed Parental Consent form to present before signing-on.

No form = No ride.



OS REF (TQ)	COURSE DIRECTIONS – G25/49	MILES	
019297	START at southern end of Foxbridge Lane, 5 yards from junction with Plaistow to Kirdford Road.	0.00	0.00
013271	Go LEFT at junction and proceed south to T-junction at western end of Kirdford.	1.70	1.70
018266	LEFT east through village to T-junction at eastern end of village.	0.42	2.12
040269	where LEFT to Skiff Lane.	1.58	3.70
041303	where north via Gunshot Common to junction with B2133	2.14	5.84
041304	where LEFT onto B2133 to junction with Plaistow Road, where LEFT into Plaistow Road	0.07	5.91
004310	Go west to Ifold continuing along Loxwood Road to T-junction in Plaistow	2.48	8.39
019297	where LEFT south along The Street, becoming Rickman's Lane, to complete the first circuit.	1.38	9.77
019297	Continue as before to complete a second circuit	9.77	19.54
040269	Continue as before through Kirdford to junction with Skiff Lane	3.70	23.24
039295	LEFT and follow Skiff Lane to FINISH north of Gunshot Common opposite tree with trunk marked with red lines, 0.13 miles north of wooden "Public Footpath" sign and 0.45 miles south of junction with B2133	1.76	25.00

BRIGHTON MITRE '25' – PAST WINNERS

	Mens '25'		Ladies '25'		Juniors '25'		Tandem '25'	
1969	Cliff Sharp	59:35						
1970	Peter Crofts	59:59						
1971	Willi Moore	56:20	Gill Clapton	1:02:49				
1972	Dave Holliday	57:21	Beryl Burton	58:56				
1973	Mick Ballard	57:38	Gill Reynolds	1:08:42				
1974	Mick Ballard	59:50	Chris Goodfellow	1:08:33				
1975	John Patston	56:09	Gill Reynolds	1:08:28				
1976	Eddie Adkins	56:07	Sue Swetman	1:10:46				
1977	Eddie Adkins	54:22	Lorna Hanlon	1:04:11				
1978	Sean Yates	55:19	Fran Browning	1:02:41	Mike Thorogood	59:01		
1979	Tim Stevens	55:16	Shirley Killingbeck	1:01:43	Mick Tanner	57:51		
1980	Tim Stevens	56:13	Fran Browning	1:06:46	Nick Gritton	59:37		
1981	Tim Stevens	54:13	Fran Browning	1:06:42	Nick Gritton	58:06		
1982	John Oakes	58:04	Sarah Thompson	1:07:16	Paul Reeves	1:00:31		
1983	Peter Cookson	59:05	Fran Browning	1:08:54	Mike Saunders	1:02:32		
1984	Ian Browning	55:15	Fran Browning	1:03:06	Baz Molloy	1:00:54		
1985	Tim Stevens	55:38	Sue Swetman	1:04:47	Paul Nathan	59:21		
1986	Terry Icke	55:55	Fran Browning Claire Newman	1:05:56	Kevin Penfold	58:27		
1987	Phil Headen	59:53	<i>(no starters)</i>		Stuart Collins	1:06:07		
1988	Tim Stevens	56:23	Sue Swetman	1:07:36	Simon Tully	1:02:08		
1989	Martin Palmer	57:46	Gill Reynolds	1:06:16	Ben Merricks	58:26		
1990	Tim Stevens	56:47	Gill Reynolds	1:06:06	Alex Beale	1:02:45		
1991	Peter Cookson	56:33	Gill Reynolds	1:05:49	Colin Toppin	59:27	Andy Smith Rick Holkham	53:35
1992	Eddie Adkins	53:30	Gill Reynolds	1:04:19	Barry Elcome	58:23	Andy Smith Rick Holkham	53:34
1993	Eddie Adkins	55:14	Gail Cheatle	1:08:55	Paul Rowden	1:04:38	Andy Smith Colin Toppin	54:38
1994	Bryan Taylor	53:13	Carole Gandy	1:02:02	Barry Elcome	57:09	Andy Smith Colin Toppin	53:39
1995	Dave Redding	53:32	Theresa Thompson	1:08:39	Steve Comben	59:10	Andy Smith Rob Allen	53:44
1996	Sean Yates	52:54	Jenny Derham	1:01:13	Alan Curtis	59:38	Ray Hughes Pauline Strong	55:12
1997	Sean Yates	50:27	Natacha Maes	1:02:39	Jacob Hall	1:02:38	Glenn Longland Neville Stroud	52:36
1998	Sean Yates	51:32	Natacha Maes	0:59:51	Max Rumball	58:02	Ian Dawson Ray Hughes	52:00
1999	Sean Yates	54:17	Natacha Maes	1:06:15	Liam Terry	1:11:23	Mark Jones John Limpus	53:42
2000	Richard Prebble	52:45	Natacha Maes	1:00:13	Glenn Hoy	57:18	Chris Birch Rowan Horner	50:59
2001	Richard Prebble Tim Stevens	53:24	Marina Bloom	1:04:51	Liam Terry	1:02:57	Mark Jones John Limpus	52:54

2002	Kevin Neary	56:19	Gill Reynolds	1:09:39	Daniel Frederick	1:05:20	Ray Hughes Ian Neville	53:53
2003	Dean Lubin	55:17	Carole Gandy	1:03:13	Daniel Frederick	1:09:03	Tristan Court Nick Harvey	54:22
2004	Sean Yates	54:40	Carole Gandy	1:02:41	<i>(no entries)</i>		John Limpus Jeremy Wootton	53:51
2005	Dave Dent	56:33	Margaret Duganski	1:11:08	Zaac Lane	1:21:11	Andrew Smith Dave Abbott	59:18
2006	Richard Prebble	53:20	Rebecca Romero	58:10	Mark Williams	1:15:32	Sean Yates Christian Yates	49:34
2007	Richard Prebble	54:07	Carole Gandy	1:07:16	<i>(no starters)</i>		Julian Gee Geoff Clinton	1:07:00
2008	Richard Prebble	56:24	Deborah Percival	1:11:32	Nick Smith	1:11:24	Julian Gee Geoff Clinton	1:05:11
2009	Ben Instone	53:04	Deborah Percival	1:08:59	Nick Smith	59:42	Peter Baker Thomas Baker	57:51
2010	Steve Dennis	53:04	Carole Gandy	1:03:43	Nick Smith	59:35	<i>(no starters)</i>	
2011	Steve Dennis	53:19	Deborah Percival	1:04:53	<i>(no starters)</i>		Peter Baker Thomas Baker	55:39
2012	Adam Topham	53:58	Deborah Percival	1:06:11	<i>(no starters)</i>		Jon Frost David Eccles	1:02:32
2013	Steve Dennis	56:30	Lizzy Brama	1:04:22	Arthur Venables	1:15:40	Lawrence Wintergold Damien Poulter	58:13
2014	Steve Dennis	54:06	Lizzy Brama	1:01:42	<i>(no starters)</i>		Lawrence Wintergold Damien Poulter	57:06
2015	Colin Ward	52:32	Sophie Coleman	58:43	Theo Yates	1:00:45	Jon Frost Kurt Godfrey-Evans	58:01
2016	Colin Ward	52:16	Ruth Summerford	1:01:08	Theo Yates	58:50	Jon Frost, Dave Abbott	1:01:16
2017	Pat Wright	52:06	Angela Carpenter	59:35	<i>(no entries)</i>		<i>(no entries)</i>	
2018	Kevin Tye	52:21	Eva Nyirenda	1:09:55	<i>(no entries)</i>		<i>(no entries)</i>	
2019	Pat Wright	52:24	Mel Wasley	1:00:02	Ali Platt	1:07:02	Mark Jones, Tony Reeves	55:26
2020	Chris McNamara	49:59	Claire Emons	1:00:12	<i>(no entries)</i>		<i>(no entries)</i>	
2021	Cris Coxon	56:01	Angela Brown	1:12:31	<i>(no entries)</i>		Adam Rogers Anita Turner	1:07:34
2022							<i>(no entries)</i>	

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